فَاذْكُرُونِي أَذْكُرْكُمْ وَاشْكُرُواْ لِي وَلاَ تَكْفُرُونِ

So, remember Me, I will remember you (Quran: 2:152)

Daily Supplications during the Coronavirus Pandemic

No better time to turn to our Lord

وَقَالَ رَبُّكُمُ ادْعُونِي أَسْتَجِبْ لَكُمْ

And your Lord has said, ‘invoke Me, I shall respond to you.’ (Quran: 40:60)

أَللّٰهُمَّ سَلِّمْنِيْ وَسَلِّمْ مِنِّي

Allahumma sallimni wusallim minni

O Lord, safeguard me and safeguard (others) from me.

Ibn Umar used to recite the aforementioned supplication. Narrated from Adab ul Moofrud

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ وَالْجُذَامِ

وَمِنْ سَيِّئِ الأَسْقَامِ

Allahumma inni aoodhubika minul bu-rusi wul junooni wul joozaami wumin saiyyi eel asqaami

O Lord, I seek refuge in You from vitiligo, mental illness, leprosy and (other) bad illnesses.

Anas narrates that the Prophet (peace and salutations upon him) used to recite the aforementioned supplication. (Abu Dawood)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالآخِرَةِ،
اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي
وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ استُرْ عَوْرَاتي،
وآمِنْ رَوْعَاتي، اللَّهمَّ احْفَظْنِي مِنْ بَينِ يَدَيَّ،
ومِنْ خَلْفي، وَعن يَميني، وعن شِمالي، ومِن
فَوْقِي، وأعُوذُ بِعَظَمَتِكَ أنْ أُغْتَالَ مِنْ تَحتي

Allahumma inni as alookul aafiyatu fid dunya wul aakhirah. Allahumma inni as alookul ufwu wul aafiyatu fi deeni wudunyayi wu ahli wu mali. Allahummus toor auraati, wa aamin rauaati. Allahummuh fuzni min bayni yadaiy wu min khalfi wu min yumeeni wu min shimaali wu min fauqi. Wu a oodhu bi uzumatika un ugtaala min tahti.

O Lord, I ask You for well-being in the world and the hereafter. O Lord I ask You for forgiveness and well-being regarding my faith, my worldly life, my family and my wealth. O Lord conceal my flaws and protect (me) in my fear. O Lord safeguard me from the front, from the back, from the right, from the left and from above me. I seek refuge in Your supremacy from being suddenly seized, unaware.

Ibn Umar narrates, the Prophet (peace and salutations upon him) used to recite the aforementioned supplication, each morning and evening. (Abu Dawood)

Uthman Ibn Affan says, “I heard the Prophet (peace and salutations upon him) state, “whoever recites the following dhikr three times in the evening,

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahil ladhi la yadurroo ma as mihi shayoon fil ardhi wa laa fis sama ee wuhoo wus sami ul alim

I start in the name of Allah, by whose name nothing harms on the earth and in the heavens. He is All-Hearing, All-Knowing

A sudden affliction will not afflict such a person till morning. Whoever recites it in the morning, no sudden affliction will afflict such a person till the evening.” (Abu Dawood)

And the man of the whale (Prophet Yunus, peace be upon him) remember when he went away in anger, he then thought that We would never take him to account over it, then he called out in the layers of darkness;

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

La ilaaha illa untu subhanuku inni kuntoo minaz zalimeen

So We responded to him and We saved him from the distress, and in this way, We will save the believing ones. (Quran: 21:87, 88)

Ibn Kathir states in his famous exegesis of the Quran, "when those in difficulty invoke the Lord, especially with the aforementioned words of the Quran, the Lord will accept the supplication." Thereafter he narrated a Hadith narrated by Tirmidhi that consolidates this claim.

Easy deeds to perform

حَدَّثَنَا مُحَمَّدُ بْنُ عَبْدِ السَّلامِ , قَالَ : ثنا شَيْبَانُ , قَالَ : نا عَيسى بْنُ شُعَيْبٍ , قَالَ : نا حَفْصُ بْنُ سُلَيْمَانَ , عَنْ يَزِيدَ , عَنْ عَبْدِ الرَّحْمَنِ , عَنِ أَبِيهِ , عَنِ أَبِي أُمَامَةَ , قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ : " صَنَائِعُ الْمَعْرُوفِ تَقِي مَصَارِعَ السُّوءِ , وَصَدَقَةُ السِّرِّ تُطْفِئُ غَضَبَ الرَّبِّ , وَصِلَةُ الرَّحِمِ تَزِيدُ فِي الْعُمْرِ رواه الحاكم

The Prophet (peace and salutations upon him) states, “performing of good deeds guards against a vicious downfall, donating secretly extinguishes the wrath of the Lord and maintaining familial relationships lengthens life.” (Haakim)

وَأَقِمِ الصَّلَاةَ طَرَفَيِ النَّهَارِ وَزُلَفًا مِّنَ اللَّيْلِ ۚ إِنَّ الْحَسَنَاتِ يُذْهِبْنَ السَّيِّئَاتِ ۚ ذَٰلِكَ ذِكْرَىٰ لِلذَّاكِرِينَ

And establish prayer at the two ends of the day and in the early hours of the night; good deeds certainly wipe away evil actions. This is an admonition for the ones who remember. (Quran: 11:114)

Establish your daily prayers, recite the Quran and abstain from sinful acts. May the Lord safeguard us all, cure the ones who are unwell and stop the spread of this disease in our country and around the world. Ameen

Allamah Sahmsuddin Kaisi, a pious man, saw the Prophet (peace and salutations upon him) in his dream, during a plague in his life time. The Prophet (peace and salutations upon him) asked him to recite the following durood as much as possible.

أَللّٰهُمَّ صَلِّ عَلٰي مُحَمَّدٍ وآل مُحَمَّدٍ بِعَدَدِ كُلِّ دَاءٍ وَدَوَاءٍ

The above has been mentioned in Tafsir Ruhul Bayan,
by Sheikh Ismail Haqqi Al-Barousi, in Surah Ahzab, under verse 56

The following dhikr was advised by Qari Ameer Hasan (May the Lord's mercy descend upon him), he was a khaleefah of Hadhrut Sheikh Maulana Muhammad Zakariyya (May the Lord's mercy descend on him).
He would advise to recite the following dhikr 142 times after Fajr salah and 142 time after Magrib salah in times of all difficulties.

يا سَلاَمُ

Yaa Salaam

O The One free from Defect

A pious man, in recent times saw the Prophet (peace and salutations upon him) in his dream. The Prophet (peace and salutations upon him) asked the pious man to recite the following during this plight:

1. *Surah Fatiha three times*
2. *Surah Ikhlaas three times*
3. *The following dhikr 313 times*

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Husbunal laahu Wu nemul waqeel

Allah is sufficient for us, and how excellent a Guardian He is

As narrated by Mufti Taqi Usmani

